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For more information on sports training opportunities, contact Tom Hlavacek, IMA-E MWR Training Specialist, DSN 379-7693

Europe-wide training for Life Fitness and Precor machines

This was European wide training for MWR fitness staff to repair treadmills and elliptical machine. The equipment worked on was made by Life Fitness and Precor. Training was hosted in three locations, Grafenwoehr, Wiesbaden, and Vicenza. This is where the three new fitness facilities are located.



Life Fitness and Precor training instructors provided one day clinic each on their equipment. MWR staff came in with their work cloths and wrenches and disassembled equipment and reassembled it under the watchful eyes of professional maintenance personnel.

This training is important because MWR staff can now do minor first echelon maintenance and can better identify and repair equipment. This training shortens the down time of equipment when repairs are needed.



The contractors were from Life Fitness and Precor and the contract was centrally funded by HQ, IMCOM.